

# Daily Essentials for Perth Medical Premises

The 25 must-do daily tasks. AS 5369:2023 aligned. Colour-coded zones. ~90 min for typical 200m<sup>2</sup> GP clinic.

## CLINICAL ZONES (yellow)

- Treatment beds — clean + TGA disinfect, paper liner
- Patient seating — arms, headrest, all touch points
- Doctor desk + clinical workstation — disinfect
- Computer touchpoints — electronics-safe wipes
- Wash basin — clean, descale, disinfect
- Trolleys/instrument carts — disinfect (between pts)
- Floor — two-bucket method, hospital-grade product

## PUBLIC ZONES (blue)

- Reception counter — full disinfection
- Waiting room seating — between patient flows
- Door handles, switches, buttons — disinfected
- Reception floor — vacuum or mop

## UTILITIES (red)

- Patient toilets — hospital-grade disinfect
- Basins/taps — descale, contact time observed
- Sanitary + sharps container exterior
- Bathroom floor — two-bucket, red microfibre
- Sluice/biohazard area — surface disinfect

## STAFF & BACK-OF-HOUSE (green/blue)

- Staff kitchen — bench, sink, microwave
- Staff bathroom — full disinfection
- Admin desks — surface clean

## END OF SHIFT

- Biohazard kit check — present, intact, in date
- Clinical vs general waste segregated
- Daily log signed + filed (audit trail)

### NEED MORE? GET THE PROFESSIONAL EDITION (70+ TASKS)

This Essential Edition covers daily basics. Professional Edition (6 pages) includes:

- Weekly tasks (18) · Clinical deep, soft furnishings, equipment surrounds
- Monthly tasks (14) · Air quality, high-dust, fixtures, soft furnishings
- Quarterly tasks (10) · Terminal clean, restoration, end-of-life maintenance

Download at [precimaxclean.com.au/blog/medical-centre-cleaning-checklist-perth/](https://precimaxclean.com.au/blog/medical-centre-cleaning-checklist-perth/)

### Want this handled professionally?

AS 5369:2023 protocols · TGA-listed disinfectants · IICRC-trained · Free walk-through

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